### Session 3 – Haematology - Leukocytes

What is useful for the referring veterinarian?
What are the difficult or controversial parts for me?
A good opportunity to integrate the numbers with the morphological findings!



Australian Animal Pathology Standards Program (AAPSP) 2013 Roadshow



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### The buffy coat

- The Wintrobe tube for HCT and ESR good for looking at layers of the buffy coat
- Microhaematocrit method takes over in veterinary medicine and buffy coat analysis diminishes
- Examination of the buffy coat, 'macroscopically' and microscopically for increases and alterations (*clinicians may ask you about this*)
- The buffy coat **smear** is useful for detecting microbes and abnormal circulating cells
- Beware, any haematopoetic cell may be detected in a buffy coat smear





Wintrobe tubes and ESR

Chronic lymphocytic leukaemia

### Granulocytic leukaemia

**Icterus** 



#### Haemolysis→

77 x 10<sup>9</sup>/l

Look for double layers to buffy coat to detect leukocytosis (naked eye or 4X objective)

40

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Hyperlipaemia



#### Buffy coat smears

Detection of circulating mast cells and pathogens (histoplasmosis and Distemper inclusion)

# The value of interpreting leukocytes - 'One cell doth not a diagnosis make' – looking for consistent change (the numbers game as in any fluid analysis)

- Generalisations:
- Peripheral blood levels of leukocytes (particularly neutrophils) are a reflection of bone marrow production and storage, EM production (can mislead), tissue demand and distribution between the marginal and circulatory pools.
- These are the cells of inflammation (immunity)
  - Responses tell you an awful lot about the **innate and adaptive immune responses** by the host
- Leukocytosis/leukopaenia (species variation):
  - In dog, cat, horse and pig (?) total leukocyte changes *usually* due to changes in neutrophils.
  - In ruminants, changes in lymphocytes also commonly contribute to total leukocyte changes (hence, greater use of the N:L ratio – also applies to some other species eg the rabbit)
- Evaluation of blood leukocyte responses to inflammation is a good starting point—but diagnosis invariably depends on cytopathology or histopathology to elucidate site and cause!

#### Leukocyte responses –invariably depends on histopathology to elucidate cause!

### Haemic cytopathology

- Peripheral blood and cell type (rarely detect cause)
- Bone marrow –rarely done unless decreases

### >Histopathology

- **Bone marrow** biopsy for architecture
- Spleen and liver for EMH
- Capillary beds?
- **Tissues** for utilization and loss

Complementary



### Neutrophils

#### > Some basic facts:

- Production and storage in BM (under the control of granulopoietin and LIF)
- Concept of marginal (MNP) and circulating (CNP) pools (and rapid movement between)
- Neutrophils are short lived in the circulation (less than one day) and lost through tissues.
- Rapid neutrophilia due to utilisation of cells in MNP and BM storage pool; sustained neutrophilia due to increased BM production (after 3+ days)
  - 1. Physiological causes (including adrenalin release)
  - 2. Corticosteroids
  - 3. Regenerative anaemia
  - 4. Inflammatory demand



## What levels of neutrophils can be expected (expressed in total leukocyte numbers)?

- > Physiological neutrophilia: rapid and transient (MNP involved). Most important cause is adrenalin, especially seen in frightened young horses and cats (total leukocyte values can reach 20-25 x 10<sup>9</sup>/L). Lymphocytes often increase due to adrenalin (rarely in the dog), and eosinophils may decrease in cow.
- Corticosteroid induced neutrophilia: after a few hours (MNP and BM storage involved), due to intense illness, more common in the dog (*total leukocytes* can reach 40 x 10<sup>9</sup>/L or greater in the dog [disputed], 30 in the cat, 20 in the horse and about 18 in cattle – depends on stored levels and degree of lymphocytopenia in cattle). Get increases in M (mainly dog) and N, and decreases in L and E. *May co-exist with inflammatory demand neutrophilia*.
- Neutrophilia related to regenerative anaemia unknown mechanisms. More common in haemolytic forms, which in the dog can have a left shift. Numbers vary depending on the degree and type of regenerative anaemia. *Corticosteroid influences may co-exist.*



#### A 2 years old female greyhound with muscle pain and reluctance to move after race. Suspected paralytic rhabdomyolysis

HEMATOLOGY	SAMPLE	<b>REFERENCE INTERVAL</b>			
Plasma appearance	Clear	Clear			
PCV L/L	0.67	0.42-0.63			
Plasma protein g/L	77	55-75			
Hemoglobin g/L	274	110-220			
Erythrocytes x10 <sup>12</sup> /L	11.7	6.1-9.6			
MCV fL	66	62-76			
MCHC g/L	356	310-380			
Leukocytes x10 <sup>9</sup> /L	18.7	3.4-9.5			
Neutrophils (seg.) x10 <sup>9</sup> /L	14.6	2.0 -6.1			
Neutrophils (band) x10 <sup>9</sup> /L	0	0-0.24			
Lymphocytes x10 <sup>9</sup> /L	0.75	0.9-3.6			
Monocytes x10 <sup>9</sup> /L	3.3	0.2-1.0			
Eosinophils x10 <sup>9</sup> /L	0.1	0.14-1.2			
Basophils x10 <sup>9</sup> /L	0	0-0.4			
Platelets x10 <sup>9</sup> /L	130	110-300			
Blood film: hypersegmentation of the neutrophils					



 May not apply to greyhounds less than 6 months of age •Whether racing or retired has a particular impact on erythron values •Neutrophil levels different for most greyhounds Most biochem values not significantly different from other breeds of dogs (base T4 and fT4 may be an issue)

Higher Values	Lower Values	Unique Features	
PCV/HCT	WBC count.	Non-staining	
RBC count	Neutrophil count	eosinophil granules	
Hemoglobin concentration	Platelet count		Applies to
MCV*	Fibrinogen	Higher frequency	most
MCHC	TEG values: K-time,	of DEA 1.1-negative	
Hemoglobin affinity for O <sub>2</sub>	angle, MA, and G	dogs	sighthounds
Creatinine	Potassium		
Giomerular	Phosphate		
fitration rate	Calcium, ionized		
Alanine aminotransferase	Magnesium, ionized		
Aspartate aminotransferase	Serum total protein		
Sodium	Total globulins		
Chloride	or and β-globulins		
Total CO <sub>2</sub>	IgA and IgM		
Bicarbonate	25 CONTROL 20		
Cardiac troponin I	Haptoglobin		
	Total T4 and free T4		

#### **Clinical pathology of Greyhounds and other sighthounds**

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- Levels in the CNP depend on supply (BM, MNP, sometimes extramedullary neutropoiesis) and demand (loss in tissues)
- > Situations in tissue inflammation:
  - 1. No or little increase N (circulating cells cope)
  - 2. Increased N but no need for left shift
  - 3. Increased N with left shift (may get initial neutropenia if overwhelming demand – this is common in ruminants in the early stages of inflammation – lower reserve levels in BM and MNP)
- Left shift due to BM storage pool depletion leading to release of granulopoietin

# Inflammatory demand neutrophilia – what levels of leukocytosis can be expected?

- Any level of leukocytosis can occur (stress can contribute)
  - Dogs: 15- 50 x 10<sup>9</sup>/L common, but local purulent infections can cause higher levels (eg leukaemoid response: greater than 50 x 10<sup>9</sup>/L and extreme left shift). Left shifts common in local purulent conditions
  - Cats: up to 35 x 10<sup>9</sup>/L common rarely get leukaemoid responses. Left shifts common
  - Horses: up to 35 x 10<sup>9</sup>/L, BUT left shifts rare (except in purulent conditions in foals)
  - Pigs: levels can be similar to the dog and cat. Left shifts may occur in purulent infections NB problem of wide reference interval for leukocytes (up to 30 x 10<sup>9</sup>/L may occur in normal pigs!).

A 6-years-old female desexed cat was presented with respiratory distress and an occasional mild cough of at least two weeks duration. The cat had a mild fever (39.4°C) and was inappetant. Pneumonia and/or pyothorax were considered possibilities.

TEST	SAMPLE	REFERENCE VALUES			
Plasma appearance	Clear	Clear			
PCV L/L	0.40	0.30-0.45	0.30-0.45		
Plasma protein g/L	85	59-78	59-78		
Haemoglobin g/L	141	80-140	Hyperproteinaemia		
Erythrocytes x10 <sup>12</sup> /L	9.6	6-10	could be due to		
MCV fL	42	40-45	haemoconcetration		
MCHC g/L	352	310-360	and/or increased		
MCH pg	15	13-17	globulins. The		
Leukocytes x10 <sup>9</sup> /L	31.1	8-14	monocytosis is likely		
Neutrophils (seg.) x10 <sup>9</sup> /L	22.4	3.8-10.1			
Neutrophils (band) x10 <sup>9</sup> /L	0.3	0-0.4			
Lymphocytes x10 <sup>9</sup> /L	5.6	1.6-7.0	inflammation.		
Monocytes x10 <sup>9</sup> /L	1.6	0.1-0.6			
Eosinophils x10 <sup>9</sup> /L	1.2	0.2-1.4			
Basophils x10 <sup>9</sup> /L 0 0-0.2					
Blood film: slight polychromasia and anisocytosis. One nucleated erythroid cell per					
100 leukocytes. Hyperbasophilic lymphocytes (immunocytes or reactive					

lymphocytes).

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#### Inflammatory demand neutrophilia - ruminants

- The level of **leukocytosis** is tempered in inflammatory demand because of poor reserves of neutrophils and the higher levels of lymphocytes (these are commonly reduced in inflammatory demand due to corticosteroid release). Consequently, the N:L ratio is often used in ruminants to supplement interpretation of leukocytosis
- In cattle, early neutropenia is common in purulent conditions (and endotoxaemia due to Gram –ve bacteria) due to low storage pools. Low L contribute to leukopenia. About 20-30 x 10<sup>9</sup>/L for total leukocytes after a few days.
- > Young calves respond as for dogs and cats
- Fibrinous inflammations may lead to little neutrophilia (hence the use of fibrinogen to total protein ratios in pigs and ruminants). Increased fibrinogen directly influences ESR!



## Inflammatory demand neutrophilia and left shift

- Left shift determined from ratio of segmented (mature) to immature circulating N (proportions usually less than 1:16-18 for dog, 1:10-12 for cat and 1: 12-16 for horse [ie >10% for most species]; OR total bands greater than 1 x 10<sup>9</sup>/L in dog or cat and 0.3 x 10<sup>9</sup>/L in horse – is this an urban myth?)
  - Nb ruminants: since rarely immature neutrophils circulate in health then any increase is a left shift (seems to hold for sheep and goats, but healthy cattle may have 0-0.1 x 10<sup>9</sup>/L bands?). Healthy adult pigs can have between 1-4% circulating band neutrophils.
  - The young of any species behave similarly in terms of producing left shifts in inflammation and sometimes different from their adult counterpart
  - What values do you use for left shift?
  - Do you use the term 'degenerative left shift'?

## Left Shift (band and earlier neutrophils)

Feline

Giant neutrophils common in cats with inflammatory left shift? Sometimes called a 'toxic' change

**Artefact - Pseudobands** 

Canine BM



## Inflammatory demand neutrophilia and toxic changes

- 'Toxic' changes in N (can only be done on fresh smears):
  - 1. Cytoplasmic Döhle bodies
  - 2. Cytoplasmic basophilia (mild, moderate, marked)
  - 3. Cytoplasmic vacuolation (mild, moderate, marked)
  - 4. Coarse or prominent cytoplasmic azurophilic granulation (uncommonly seen and mainly in horse, ruminants and camelids are remnant primary granules]).
  - 5. Nuclear membrane indistinct (final stage before complete lysis and accompanies marked cytoplasmic vacuolation [basophilia variable])
- Some toxic changes are due to accelerated maturation (eg Döhle bodies, basophilia and primary granules), some due to storage artefacts (Döhle and vacuolation) some due to toxaemia or drugs (eg Döhle bodies and vacuolation) – a problem to differentiate, but no doubt toxic changes are more common in toxaemia!
- The most common cause of toxic changes is the most common cause of left shift: no coincidence - *localised purulent infections* BUT not exclusively!

#### **Toxic changes to neutrophils**



### Vacuolation, basophilia and Doehle bodies in the feline

Healthy cat



Vacuolation, basophilia and Doehle bodies in the canine





## Neil Horadagoda Camden, USYD: 6-12 months Friesian heifer with diarrhoea and salmonellosis – left shift and toxic neutrophils

Haematology	Results		
RBC x 10 <sup>12</sup> /L (5-10)	13.1		
Haemoglobin g/L (80-150)	144		
PCV L/L (0.24-0.46)	0.46		
MCV fl (40-60)	35		
MCH pg (11-17)	11		
MCHC g/L (300-360)	313		
WBC x 10 <sup>9</sup> /L (4.0-12.0)	22.8		
	%	X 10 <sup>9</sup> /L	
Band Neutrophils (0-0.24)	5 1.14		
Neutrophils (0.6-4.0)	83 <b>18.92</b>		
Lymphocytes (2.5-7.5)	10 2.28		
Monocytes (0-0.8)	2 0.46		
Eosinophils (0-2.5)	0	0	
Basophils (0-0.3)	0	0	
Plasma Protein (60-85)	56		
Fibrinogen (3-7)	8.6		
Reticulocyte % corr. (0)	ND		
Platelets x 10 <sup>9</sup> /L (100-800)	2612		
<b>Comments:</b> Mild to moderate degenerative changes to neutrophils (1-2+ vacuolation and basophilia). Moderate crenation of RBC (causing decreased MCV?) and moderate poikilocytosis.			

## Inflammatory demand neutrophilia – when do the numbers indicate a poor prognosis?

Neutropenia in the early stages of overwhelming demand cannot always be regarded as a poor prognostic sign (especially in ruminants or in endotoxaemia [pseudoneutropenia] in horses and ruminants – can be transient in nature)

A poor prognosis may be indicated when, especially after treatment, there is a continuing neutropenia (especially without left shift) with persistence of neutrophilic toxic changes. This indicates bone marrow failure and a severe compromise of an important part of innate immunity.



### Gribbles Adelaide (Daren Hanshaw): Hx: 1-3 wk old calves, scouring, depression, death - Salmonellosis

RBC	5.01	x 10 12 /L	(5.00 - 10.00)	WBC	<b>3.6</b> x 10 ^9 /L	(4.0 - 12.0)
Hb	81	g/L	(80 - 150)	Neutrophils	6 % <b>0.2</b> x10 ^9 /L	(0.6 - 4.0)
Hct	0.24	L/L	(0.24 - 0.46)	Band Forms	50 % <b>1.8</b> x10 ^9 /L	(< 0.2)
MCV	37	fL	(40 - 60)	Lymphocytes	17 % <b>0.6</b> x10 ^9 /L	(2.5 - 7.5)
MCH	13.0	pg	(11 - 17)	Monocytes	22 % 0.8 x10 ^9 /L	(< 0.9)
MCHC	318	g/L	(300 - 360)	Eosinophils	5 % 0.2 x10 ^9 /L	(< 2.5)
Reticulo	cytes	0 %	0 x 10 ^9/L	Platelets	<b>82</b> x10 ^9 /L	(100 - 800)
				Fibrinogen	<b>10.9</b> g/L	(3.0 - 7.0)

FILM MORPHOLOGY: RBC: 1+ anisocytosis, 1+ microcytosis. WBC: 3+ toxic change. Platelets: appear mildly reduced.

Sodium	127	mmol/L (132 - 152)	GLDH	<b>26</b> U/L (< 20)
Potassium	6.1	mmol/L (3.9 - 5.8)	B-OH Butyrate	0.3 mmol/L (< 0.9)
Chloride	89	mmol/L (95 - 110)	Protein	<b>47</b> g/L (58 - 80)
Bicarbonate	10	mmol/L (20 - 30)	Albumin	<b>38</b> g/L (22 - 36)
Anion gap	34.1	mmol/L (<20)	Globulin	<b>9</b> g/L (24 - 40)
Na/K	20.8		T. Bilirubin	14 umol/L (2 - 18)
Urea	6.5	mmol/L (2.1 - 9.6)	Alk Phos	<b>372</b> U/L (35 - 350)
Creatinine	43	umol/L (55 - 130)	GGT	<b>55</b> U/L (< 36)
Calcium	2.12	mmol/L (2.00 - 3.00)	AST	66 U/L (60 - 150)
Phosphate	2.50	mmol/L (1.29 - 2.26)	СК	155 U/L (50 - 400)
Magnesium	1.2	mmol/L (0.5 - 1.5)	Cholesterol	<b>0.8</b> mmol/L (2.1 – 6.5)

#### **SERUM INDICES**

(Clear/+/++/++/++	+++)
Icterus index	Clea
Lipaemia index	Clea
Haemolysis index	1+

most of the changes can be attributed to the age of the animal, dehydration, hypersecretory diarrhoea and possibly Gram negative sepsis (enterotoxins [exotoxin with effect on gut lining] and systemic endotoxin). The lack of globulin might suggest a lack of colostrum (what about the high GGT). What about the high anion gap? Th e increased anion gap could be related to production of D-Lactate (and perhaps D-L). L lactate is produced in the body due to anaerobic glycolysis and is not usually increased in calf diarrhoea due to Gram negatives. (*J Vet Intern Med 2003;17:940–942* Anion Gap Correlates with Serum D- and DL-Lactate

Correlates with Serum D- and DL-Lactate Concentration in Diarrheic Neonatal Calves. Julia B. Ewaschuk, Jonathan M. Naylor, and Gordon A. Zello).

More useful references - Irish Veterinary Journal 62(1): 58-61 (2009). An update on calf diarrhoea Part 1: Pathophysiology and treatment. Ingrid Lorenz. New Zealand Veterinary Journal, 29:12, 223-226 (1981). Colostral transfer of gamma glutamyl transpeptidase in calves. J. C. Thompson & J. V. Pauli.

### **Changes in other leukocytes**

#### > Lymphocytes:

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- Iong-living; BM retains the capacity for production. Circulating forms are mainly T (species variation). Different morphological forms in blood
- Lymphocytosis indicates antigenic stimulation, but could be due to excitement or leukaemia
- Lymphocytopaenia could be due to corticosteroids, acute infection, T cell deficiency or loss of lymph.

#### Monocytes:

- produced in BM (bipotential cell), exist in marginal and circulatory pools
- **Monocytosis** is due to demand for macromolecular phagocytosis (usually long term, but in lower orders may be rapid). Can occur with neutropaenia, corticosteroid release (dog), rarely leukaemia
- Monocytopaenia difficult to assess in main domestic species



Canine lymphocyte with expanded cytoplasm (artefact?)



Feline lymphocyte with basophilic cytoplasm ('reactive' or 'stimulated'). Could this be neoplastic? Do plasma cells circulate?



Canine lymphocyte with azurophilic granules in the cytoplasm. Lots of granules think NK or T lymphocyte



Feline small lymphocyte with limited cytoplasm

Feline lymphocytes with hyperbasophilic and pink granulated cytoplasm

### **SYDNE** Changes in other leukocytes

- >Eosinophils: long-living in tissues. Not well retained in BM unless corticosteroid release
  - Eosinophilia often related to histamine release or prolonged antigenic stimulation (via sensitized T lymphocytes) in skin, gut, resp and reprod tracts. Can be due to leukaemia (rare), paraneoplasia (cytokine [IL5 mainly] release by a variety of tumours) or be idiopathic
  - Eosinopaenia may be due to corticosteroids or acute infection, but there is the problem of detection in some species because of zero for low end of RI

#### Basophils:

 basophilia may be due to Ag-Ab complexes or go along with eosinophilia; basopaenia of no consequence and difficult to detect. Feline basophils and eosinophils – spot the grey basophil!



Feline monocyte and neutrophil. Note the comparative size

Canine basophil and eosinophils – spot the Greyhound eosinophil!



**Canine monocyte** 

#### Equine eosinophils, small lymphocyte and neutrophil



#### **Bovine eosinophil and basophil**



Equine basophil and lymphocytes

A 9 years old male Schnauzer dog with a long history of spasmodic inappetence, polydipsia and polyuria. For the last four days has been collapsed and vomiting. Now presented jaundiced and dehydrated.

HAEMATOLOGY	SAMPLE	REFERE	NCE INTERVAL		
Plasma appearance	Yellow-pink	Clear			
PCV L/L	0.34	0.37-0.50			
Plasma protein g/L	62	55-75			
Haemoglobin g/L	127	100-150			
Erythrocytes x10 <sup>12</sup> /L	5.3	5-7	Non- regenerati	ve	
MCV fL	64	60-75	anaemia, marke		
MCHC g/L	373	300-360	leukocytosis due t		
Leukocytes x10 <sup>9</sup> /L	89	7-12	neutrophilia and		
Neutrophils (seg.) x10 <sup>9</sup> /L	70.2	4.1-9.4	monocytosis.	4	
Neutrophils (band) x10 <sup>9</sup> /L	0.4	0-0.24	PM: Extensive		
Lymphocytes x10 <sup>9</sup> /L	3.3	0.9-3.6		itio	
Monocytes x10 <sup>9</sup> /L	14.7	0.2-1.0	cholangiohepat		
Eosinophils x10 <sup>9</sup> /L	0.4	0.14-1.2	and a large hep		
Basophils x10 <sup>9</sup> /L	0	0-0.4 abscess. Acute			
Blood film: normal			nephrosis also		
Reticulocyte % (uncorrected)	1	0-1.5	present		
Reticulocytes (absolute) x10 <sup>9</sup> /L	53	0-75			

## Comparative leukocyte morphology (lower Orders) – the five cell 'rule' for identification in all species

- Heterophil (equivalent to neutrophil), eosinophil, basophil, lymphocyte and monocyte are the five main leukocytes BUT variations may exist within the one smear eg many reptiles have a monocytic variant called the azurophil (in snakes this is thought to be more aligned with the mammalian neutrophil based on cytochemistry)
- Similar reasons for leukocytosis and leukopenia occur
- Leukocytosis/leukopenia primarily due to heterophil or lymphocytes changes (in those species where lymphocytes predominate)
  - Rodents and birds vary in whether the heterophil (neutrophil) or lymphocyte predominates
  - Reptiles and fish: monocytes may contribute significantly (major phagocytic cell in the fish and important in many reptiles). Can you get a left shift for monocytes? Granulocytes commonly mononuclear but not always!
- Heterophilic left shifts and toxic changes occur in inflammation in birds and reptiles, but sometimes the cells are a little harder to recognize!
- Fish the main granulocyte is called neutrophil and stress and inflammation can cause increases
- Thrombocytes (reptiles, birds and fish) may be confused with small lymphocytes in some species

## Bird Leukocytes and thrombocytes – lobed heterophils and eosinophils!



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Reptile leukocytes and thrombocytes – everything is nucleated but lobing (mainly two) of heterophils and eosinophils is variable depending on whether the species is crocodilian, chelonian (turtles) or squamatan (lizards and snakes)





**Bearded dragon** 



Saltwater Crocodile



Boa Constrictor -Pneumonia



Diamond Python – septicaemia: toxic heterophil and macrophage

**Green Python** 

Short-necked Turtle – acidophils and basophil

#### Miscellaneous species leukocytes

Snapper fish have 'neutrophils' rather than 'heterophils' because the granules are less prominent and fine

Owen's Civet

Koala – neutrophilia with left shift. Do the neutrophilic granules mean anything?

Tas Devil

Taipan – cloacal abscess – note monocytes plus irregular erythrocyte nuclear contour







Taronga Wildlife Hospital: Female adult Metallic Starling (Aplonis) *metallica*). It was in poor condition and dehydrated, with elbow and keel swellings. It was euthanased and found to have mycobacteriosis

Haematology	Results	Likely
RBC x $10^{12}/L$ (2.87-7.20)	4.01	conclusions:
Haemoglobin g/L (125-192)	ND	the bird has a
PCV L/L (0.39-0.64)	0.49	marked
MCV fl (61-174)	147	inflammatory
MCH pg (31.7-43.6)	ND	process, which
MCHC g/L (250-339)	ND	is most likely to
WBC x $10^{9}/L$ (2.5-27.2)	74.6	be of infectious
Band Heterophils (0)	1.5	origin. Note low
Heterophils (0.08-11.80)	35.8	thrombocytes –
Lymphocytes (0.32-18.2)	9.7	can you trust
Monocytes (0.03-2.7)	26.9	the number?
Eosinophils (0.3-2.7)	0.7	
Basophils (0.15-3.07)	0	AND
Plasma Protein (refract-29-42)	44	
Thombocytes x $10^{9}/L$ (15-30)	11.88	
Plasma colour: <i>clear</i>		
Smoor: Laniscontosis L L nobrohromasia. L L te	avia hataraphila	

Smear: +anisocytosis, ++polychromasia; ++toxic heterophils

Reference intervals from ISIS (International Species Information System)



#### Female adult Metallic Starling (Aplonis metallica). Possible reasons for clinical pathology changes: the leukocytosis is due to marked heterophilia (left shift and toxic changes) and monocytosis related to the ongoing inflammation. The basopenia is of little consequence to this case. The anisocytosis and polychromasia is likely normal as the bird is not anaemic, but some compensation due to blood loss or destruction cannot be completely discounted (mycobacteriosis would more likely cause a non-regenerative anaemia) The hyperproteinaemia is due to dehydration and possible globulin increases related to the inflammation. The mild thrombocytopenia is likely to be due to increased utilisation related to the inflammation and tissue destruction (unless it is false due to clumping).

Likely conclusions: the bird has a marked inflammatory process, which is most likely to be of infectious origin.
# Platelets numbers and appearance – may be useful in assessing bleeding disorders, but can be confusing in other situations

- Platelet mass is the key to functional capacity (total nos x MPV)
  - look at buffy coat the thrombocrit!
  - Platelet numbers measured by machine, manually or indirectly on blood film (a problem with clumping in cat and sometimes horse).
  - The blood film for morphology (eg mega/macroplatelets [shift platelets]).
- Serious thrombocytopaenia (assuming normal size and activity
  - Dog and cat less than 100 x 10<sup>9</sup>/L (nb breed exceptions), Horse probably less than 50 x 10<sup>9</sup>/L.
  - Causes include BM disease, splenic sequestration, increased utilisation or destruction (latter 2 lead to macroplatelets)

> Thrombocytopathy and thrombocytosis

Platelets numbers and appearance – may be useful in assessing bleeding disorders, but can be confusing in other situations

>Thrombocytopathy – common, inherited or acquired. Numbers mean nothing.

 Thrombocytosis –secondary (reactive) far outweighs primary (myeloproliferative),
 physiological (splenic contraction) and pseudo-(false counting) thrombocytosis. Causes can include inflammation (eg IL6 can stimulate TPO),
 neoplasia (through paraneoplasia and inflammatory cytokines), iron deficiency, drugs (eg corticosteroids) and loss of spleen (stores and destroys)



### Platelets







Macroplatelet in a dog Clumping in a cat



#### AIHA plus ITP in a dog

Macroplatelet in a cat – significance?

Micromegakaryocyte in a dog withAML-M7



Hypogranular platelets in a case of AML- M7



### **Useful references?**

Evaluation of the Ruminant Complete Blood Cell Count (2007). Meredyth L. Jones, Robin W. Allison. *Vet Clin Food Anim* 23:377–402.

Avian Hematology and Related Disorders (2008). Elizabeth B. Mitchell, Jennifer Johns. *Vet Clin Exot Anim* 11:501–522.

Diagnostic Hematology of Reptiles (2011). Nicole I. Stacy, A. Rick Alleman, Katherine A. Sayler. *Clin Lab Med* 31:87–108.

Clinical Hematology in Reptilian Species (2013). Giordano Nardini, Stefania Leopardi, & Mattia Bielli. *Vet Clin Exot Anim* 16:1–30.



## **Cases for discussion**





Mommy's Little Haematologist

### **Cases for Discussion**

### **Veterinary Clinical Pathology**

Each case will have reasons for selection, for example:
•pecularities of a species
•breed, age, sex or activity related effects on RI's
•biochemical and haematological disturbances related to organ and/or specific aetiologies that may be of interest or controversial



Australian Animal Pathology Standards Program (AAPSP) 2013 Roadshow



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## What is acceptable about approach?

## **Everything!**

Can work through the cases on your own, in couples or more
Use your own style, whether it be pattern recognition and working back or sequential, problem-oriented working forward
Discussion will be along the lines:

- 1. Can a diagnosis be offered and if so what are the key pieces of supporting information?
- 2. What results can't be explained by the diagnosis?
- 3. If a diagnosis can't be gleaned can you think of a way forward for the referring veterinarian to get a diagnosis (optional)?

## Neil Horadagoda USYD Camden: 27 YO pony mare with lethargy, inappetence , weakness, possible ataxia and blood tinged nasal discharge

SAMPLE	REFERENCE	TEST	SAMPLE	REFERENCE
	VALUES			VALUES
		– Plasma appearance	Sl icteric	Clear
				0.32-0.52
				110-190
				6.5-12.5
				34-58
				12-18
				300-390
				55-75
				6.0-13.0
				2.5-6.9
				0-0.24
		· · · · · · · · · · · · · · · · · · ·	-	1.6-3.4
				0-0.72
				0.2-0.96
				0-0.36
				80-300
				2-4
				10-15
135	132-150		· · · · · · · · · · · · · · · · · · ·	37-54
3.3	2.8-5.0		, ,	
107	99-110	-	ave slight cy	toplasmic vacuolation.
	394         321         838         278         3.5         91         24         67         0.36         55.9         70.2         1.05         6.3         3.4         97         3.1         1.04         0.58         135         3.3	VALUES $394$ <36	VALUES <b>394</b> <36321<400	VALUES <b>394</b> <36 <b>321</b> <400 <b>838</b> <260 <b>278</b> <400 <b>3.5</b> $0.9$ - $4.7$ <b>91</b> $60$ - $76$ <b>24</b> $29$ - $38$ <b>67</b> $26$ - $40$ <b>0.36</b> $0.62$ - $1.46$ <b>55.9</b> <50 <b>70.2</b> <20 <b>1.05</b> <0.61 <b>6.3</b> $4.5$ - $6.3$ <b>3.4</b> $3.7$ - $8.2$ <b>97</b> $87$ - $149$ <b>3.1</b> $2.8$ - $3.3$ <b>1.04</b> $0.80$ - $1.77$ <b>1.35</b> $132$ - $150$ <b>107</b> $99$ - $110$

ABDOMINAL FLUID	SAMPLE	REFERENCE VALUES
Appearance	Yellow and slightly turbid	Clear and light yellow
Total protein g/L	44	<25
Erythrocytes x 10 <sup>6</sup> /L	None	None
Nucleated cells x 10 <sup>6</sup> /L	2500	<10,000
Smear	64% non-lytic (non-degenerate) neutrophils, 2% small	Scattered mix of mononuclear cells and
	lymphocytes, 34% monocytes/macrophages and mesothelial cells.	non-lytic (non-degenerate) neutrophils



Likely conclusion: overall, most results can be explained by chronic (primarily cholestatic) liver disease **Ultrasound-guided needle liver biopsies** were collected for bacterial culture (no growth) and histopathology. **Histopathologic changes** (megalocytosis, biliary hyperplasia, periportal fibrosis) were consistent with pyrrolizidine alkaloid toxicosis.

- **Possible reasons for changes**: the animal has elevated ALP and GGT suggesting marked cholestasis; although inappetence may be contributing to the hyperbilirubinaemia so may potential cholestatic liver disease, increased TBA support liver disease and possibly reduced hepatic function (low urea and albumin in the face of mild dehydration support reduced hepatic function maybe end stage?; the potential for hepatic encephalopathy here with failure to convert ammonia to urea amongst other toxic elements?), the high globulins could be related to chronic liver disease. The hypertriglyceridaemia could be caused by cholestasis. Both the plasma protein and serum proteins are high due to increased globulins (dehydration may be contributing some, but then the albumin would be even lower!). The increased fibrinogen is possibly related to ongoing inflammation (mild leukocytosis due to neutrophilia with some toxic change), but its value could be subdued if there is increased liver production. The eosinopenia, marginal lymphocytopenia (and perhaps some of the neutrophilia) could be due to release of endogenous corticosteroid. The increased PT and PTT could fit in with decreased liver production of clotting factors. The abdominal fluid is a modified transudate.
- Likely conclusions: overall, most results can be explained by *chronic (primarily cholestatic) liver disease* Further testing: abdominal ultrasound and perhaps FNA/biopsy of the liver? Further questioning of the owner about exposure to plant poisons or chemicals?
- **Postscript**: The mare was initially treated with intravenous fluids with added glucose, and parenteral B vitamins. A mild transient improvement in mentation and appetite occurred over the first 48 hours, however signs of Hepatic Encephalopathy persisted. Liver ultrasound examination was performed 48 hours after admission; a mild increase in echogenicity was recorded, however no evidence of cholelithiasis or a space occupying lesion was detected. Needle liver biopsies were collected for bacterial culture (no growth) and histopathology. *Histopathological changes (megalocytosis, biliary hyperplasia, periportal fibrosis) were consistent with pyrrolizidine alkaloid toxicosis.*
- The prognosis for pyrrolizidine alkaloid toxicosis is poor given the anti-mitotic nature of the toxin and therefore the inability of the liver to regenerate. Most horses die or are euthanased within a few months of diagnosis. The mare has been discharged with recommendations of supportive care (offering palatable feeds, access to shade and water), and a poor to grave long term prognosis.

### **Common bleeding disorders**

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	PC	APTT	<b>OSPT</b>	Fib	FDP
Thrombocytopenia	↓	N	N	Ν	N
Vit K antagonism	N	$\uparrow$	1	N	N
Heritable factor deficiency	Ν	Varia	bleVaria	ble	N
Hepatic insufficiency	Ν	$\uparrow$	↑	$\downarrow$	N
Acute DIC	$\downarrow$	<b>↑</b>	↑	→	1

Thrombocytopathy or vascular endothelial disorder will not be detected by these tests

12-years-old entire male xbred dog with severe respiratory distress for a period of 2-3 weeks. The dog had a normal temp, was cyanotic and had a marked expiratory effort. Biochemistry showed mild increases in ALP, glucose, cholesterol, IP and bicarbonate (metabolic alkalosis)

Plasma appearance	Clear	Clear			
PCV L/L	0.47	0.37-0.50			
Plasma protein g/L (refractometer)	85	55-75			
Haemoglobin g/L	154	100-150			
Erythrocytes x10 <sup>12</sup> /L	6.64	5-7			
MCV fl	71	60-75			
MCHC g/L	328	300-350			
MCH pg	23	20-25			
Leukocytes x10 <sup>9</sup> /L	59.1*	7-12			
Neutrophils (seg.) x10 <sup>9</sup> /L	52.17	4.1-9.4			
Neutrophils (band) x10 <sup>9</sup> /L	1.24	0-0.24			
Lymphocytes x10 <sup>9</sup> /L	0.89	0.91-3.6			
Monocytes x10 <sup>9</sup> /L	4.85	0.2-0.96			
Eosinophils x10 <sup>9</sup> /L	0	0.14-1.2			
Basophils x10 <sup>9</sup> /L	0	0-0.36			
Platelets x10 <sup>9</sup> /L	250	200-600			
Reticulocyte % (uncorrected)	6.8	0-1.5			
Absolute reticulocytes x10 <sup>9</sup> /L	451	0-75			
Blood film: 8 NRBCs per 100 WBCs. Moderate anisocytosis and polychromasia					
total leukocyte count has been corrected for the number of circulating nucleated erythroid cells					

Likely conclusions: some of the changes (enhanced erythropoiesis and inflammatory demand) could be due to *cardio-respiratory disease*. Little else can be deduced and there are some confusing results.

**Postscript**: this dog had primary pulmonary carcinoma that was detected on diagnostic imaging, suspected on bronchoalveolar lavage and, later, confirmed on biopsy and at necropsy. The dog died and it was suspected that the dog had neoplastic complications, possibly pulmonary thromboembolic disease, but this was not confirmed at necropsy. In hindsight, some of the haematological changes could have been related to paraneoplastic phenomena (eg granulopoietin production by tumour cells).

**Possible Reasons for changes:** In light of the history, the animal has a respiratory problem, which could be due to cardiac or primary airway/Lung disease. With this in mind, the results of the laboratory tests may suggest the following – the increased proteins could be due to haemoconcentration (ie was the animal dehydrated?) since albumin is high end of normal. The increased ALP could be due to mild cholestasis (secondary effect on liver), or due to prolonged stress inducing an isoenzyme (corticosteroid responsive). Mild elevations are often seen in association with cardio-respiratory disease and it is difficult to determine the cause. A reason for the increased inorganic phosphate is not apparent from the history. The increased cholesterol could be related to liver disease or an endocrinopathy (no other evidence of the latter). The mild metabolic alkalosis could be related to the suspected cardio-respiratory disease affecting acid/base balance. The increased regeneration of erythrocytes (increased reticulocytes, nucleated erythroid cells and polychromasia and anisocytosis of erythrocytes on blood film; absolute reticulocytes are 0.451 x 10<sup>12</sup>/L [RR 0-0.08]) without anaemia (compensating anaemia/increased stimulation?) could be related to cardio-respiratory disease (ie the hypoxia causing reduced supply of oxygen to the kidneys and stimulating erythropoietin production?). Increased turnover of erythrocytes through mild destruction cannot be discounted (compensated anaemia). The leukocyte changes could be partly due to stress (neutrophilia, lymphocytopenia, monocytosis and eosinopenia) but the very high levels of neutrophils and the left shift (>1.0 x 10<sup>9</sup>/L) suggest inflammatory demand as well. This could be in response to cardio-respiratory disease (infection, neoplasia etc).

Likely conclusions, further investigation and implications for management and prognosis?: Some of the changes (enhanced erythropoiesis and inflammatory demand) could be due to cardio-respiratory disease. Little else can be deduced and there are some confusing results. Therefore, further investigation is mandatory. Radiographs, and possibly ultrasonographs, should be undertaken to assess cardio-respiratory disease. Blood gas analysis, if available, might be useful to assess respiratory function. If lung disease is detected on diagnostic imaging, a transtracheal aspirate or bronchoalveolar lavage might be useful. Fine needle cell aspirate (ultrasound guided) might be employed if distinct masses are detected. Some of you might want to investigate liver disease further because of the increased ALP and cholesterol. Some might want to put the dog on antibiotics because of the inflammatory demand. That is acceptable while further investigation is undertaken. (**Postscript**: this dog had primary pulmonary carcinoma that was detected on diagnostic imaging, suspected on bronchoalveolar lavage and, later, confirmed on biopsy and at necropsy. The dog died and it was suspected that the dog had neoplastic complications, possibly pulmonary thromboembolic disease, but this was not confirmed at necropsy.). In hind sight, the leukocytosis and left shift could have also been partly due to paraneoplasia (production of granulopoietin-like substance)?

## Mechanisms associated with increased circulating nucleated erythroid cells

- **1. Reduced splenic function** (eg newborn of many species, normal in some species, splenic infiltration, damage or removal)
- 2. Compensatory erythropoiesis due to anaemia (eg regenerative [haemolytic and blood loss], iron deficiency, extreme anaemia of any sort)
- 3. Hypoxia (eg CHF and severe pulmonary disease)
- 4. Myelophthisis (eg marrow infiltration: neoplasia or granulomatous inflammation; or marrow damage/fibrosis)
- 5. Extramedullary haematopoiesis
- **6. Miscellaneous** (eg uraemia, sepsis, liver disease, DKA, forms of chemotherapy)

Benie T. Constantino, Bessie Cogionis (2000) Nucleated RBCs—Significance in the Peripheral Blood Film, Laboratory Medicine, **31:**4, 223-229

A 14 yr, male neutered, domestic short hair cat was presented with a prolonged history of polyuria/polydipsia, inappetence and occasional vomiting. On examination, the animal had pale mucous membranes and mouth ulcers. It was dehydrated, depressed and now oliguric.

TEST	SAMPL	E REFERENCE			
		VALUES	TEST	SAMP	REFERENCE
Plasma appearance	Clear	Clear		LE	VALUES
PCV L/L	0.12	0.30-0.45	Amylase IU/L	1720	<1400
Plasma protein g/L	92	59-78	ALP IU/L	15	<50
Haemoglobin g/L	42	80-140	ALT IU/L	48	<60
Erythrocytes x10 <sup>12</sup> /L	2.33	6-10	Serum protein (biuret) g/L	77	54-73
MCV fL	52	40-45	Albumin (BCG) g/L	28	19-38
MCHC g/L	350	310-360	Globulins g/L	48	25-50
MCH pg	18	13-17	Total cholesterol mmol/L	5.3	1.9-3.9
Leukocytes x10 <sup>9</sup> /L	17.5	8-14	Glucose mmol/L	3.8	3.6-6.6
Neutrophils (seg.) x10 <sup>9</sup> /L	17	3.8-10.1	Urea mmol/L	47	7.2-10.7
Neutrophils (band) x10 <sup>9</sup> /L	0	0-0.4	Creatinine µmol/L	924	98-180
Lymphocytes x10 <sup>9</sup> /L	0.2	1.6-7.0	Calcium mmol/L	2.1	1.7-2.6
Monocytes x10 <sup>9</sup> /L	0.2	0.1-0.6	Inorganic phosphate mmol/L	6.7	1.3-2.3
Eosinophils x10 <sup>9</sup> /L	0.1	0.2-1.4	Sodium mmol/L	153	147-156
Blood film: moderate numbers of burr cells, elliptocytes,			Potassium mmol/L Chloride mmol/L	5.1	4-4.6
schistocytes. Some ghost cells.	schistocytes. Some ghost cells. Neutrophils have Doehle			109	115-130
bodies.		Bicarbonate (TCO <sub>2</sub> ) mmol/L	15	17-24	
Reticulocyte % (uncorrected)	0.8	0-1			
Urinalysis (cystocentesis)					
Appearance: clear pH: 6					
Colour: light yellow Glucose: -ve					
Specific gravity: 1.013 Blood: -ve					
Protein: 1+ Bilirubin: -ve					
Microscopic findings: much lip	id, one let	ukocyte per HPF.			52



Likely diagnosis: marked azotaemia and close to isosthenuric urine in a dehydrated animal usually means renal failure. Considering the history, the biochemical and haematological changes this is likely to be end stage renal disease.

(**Postscript:** the owners were given a grave prognosis and the option of supportive therapy. Euthanasia was agreed upon. A necropsy was not permitted).



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**Probable reasons for changes:** marked azotaemia (both urea and creatinine) and close to isosthenuric urine in a dehydrated animal usually means renal failure. Considering the history this is likely to be end stage renal disease. This is supported by the hyperkalaemia and hyperphosphataemia and the metabolic acidosis (decreased bicarbonate) with increased anion gap (value 34.1 – RI 7-17). The hypochloridaemia is probably related to the vomiting or the polyuria. The increased osmolality (derived value is >310), The increased cholesterol can sometimes occur in certain types of renal disease. Hyperamylasaemia can occur in renal failure in the cat most likely related to decreased GFR (but may also be related to the vomiting in this case). The non-regenerative anaemia (no need to correct percentage as below 1%; absolute reticulocytes are 0.019 x 10<sup>12</sup>/L [RI 0-0.06]) is probably related to renal failure and is due to lack of erythropoietin and increased turnover (some of the abnormal erythrocyte shapes indicate this). Burr cells can be seen in renal failure and are due to the toxaemia. The altered erythrocyte indices are possibly due to laboratory error (MCHC is normal). The leukocyte changes (leukocytosis due to neutrophilia, lymphocytopenia and eosinopenia) are probably due to terminal stress although some inflammatory component to the renal disease cannot be ruled out completely. Doehle bodies in neutrophils may indicate mild toxaemia (eg due to the azotaemia and other metabolic disturbances present), but normal cats may have low numbers. The 1+ proteinuria in unconcentrated urine is significant and is probably due to tubular or glomerular damage as there is no evidence for cystitis. It is probably the reason why the urine specific gravity is just outside the isosthenuric range (it can falsely elevate the value registered on the refractometer).

**Likely conclusions and further investigation**: overall, the results are consistent with *chronic renal* failure. Further investigation could involve palpation of the kidneys or diagnostic imaging. If they were large and irregular, a fine needle cell aspirate might be considered to detect inflammatory or neoplastic disease.

(**Postscript:** the owners were given a grave prognosis and the option of supportive therapy. Euthanasia was agreed upon. A necropsy was not permitted).

#### **Steven Kopp University of Queensland – Friesian dairy cow with mastitis**

TEST	Cow	<b>REF VALUES</b>	HAEMATOLOGY	Cow	REF	
CK IU/L	475	<228			VALUES	
AST IU/L	513	<150	Plasma appearance	Clear	Clear	
GGT IU/L	46	<60	PCV L/L	0.32	0.24-0.46	
LDH IU/L	1726	<800	Haemoglobin g/L	113	80-150	
Serum protein g/L	75	59-86	Erythrocytes x10 <sup>12</sup> /L	6.46	5.0-10.0	
Albumin g/L	33	25-42	MCV fl	50	40-60	
Globulins g/L	42	25-41	MCHC g/L	350	300-360	
A:G ratio	0.79	0.7-1.2	Leukocytes x10 <sup>9</sup> /L	1.6	4-12	
Tot bilirubin µmol/L	11.50	<10	Neutrophils (seg.)	0.07	0.6-4.0	
Glucose mmol/L	2.8	2.5-5.00	x10 <sup>9</sup> /L			
Urea mmol/L	15.1	2.1-10.7	Neutrophils (band)	0.7	0-0.2	
Creatinine µmol/L	234	20-177	x10 <sup>9</sup> /L			
Cholesterol mmol/L	1.9	2.1-6.6	Lymphocytes x10 <sup>9</sup> /L	1.35	2.5-7.5	
Calcium mmol/L	1.97	2.0-3.10	Monocytes x10 <sup>9</sup> /L	0.11	0.25-0.84	
In phosphate mmol/L	3.11	1.5-2.9	Eosinophils x10 <sup>9</sup> /L	0	0.0-2.4	
Triglycerides mmol/L	0.80	2.1-3.1	Basophils x10 <sup>9</sup> /L	0	0-0.2	
Magnesium mmol/L	1.09	0.5-1.75	Platelets x10 <sup>9</sup> /L	127	100-800	
Sodium mmol/L	140	132-152	Platelets X107L127100-800Blood film: sample had platelet clumping, slight anisocytosis and polychromasiaTwo weeks previously: mixed organisms cultured from milk, but most consistent isolate was Staphylococcus aureus.			
Potassium mmol/L	6.2	3.9-5.8				
Chloride mmol/L	99	95-111				
Bicarbonate mmol/L	14	19-36				
Anion gap mmol/L	33.2	6-14				

**Possible reasons for changes**: The leukogram changes (significant leukopaenia due to marked mature neutropaenia with left shift, lymphocytopaenia and monocytopaenia) could be due to early high demand inflammation and corticosteroid release. There is also the possibility that bacterial toxin release (eg endotoxaemia or exotoxins) may be influencing the values (although no toxic changes are present in neutrophils). The mildly elevated LDH, CK and AST could be related to muscle/tissue damage, especially if the cow had become recumbent or is in shock. The borderline increase in globulins may be partly due to increased acute phase proteins, but some degree of dehydration cannot be completely excluded (despite the total protein being in the reference interval). The mild hyperbilirubinaemia could be due to anorexia. The mild azotaemia could be prerenal if the animal is dehydrated, undergoing protein catabolism, and possibly in shock (decreased GFR). However, a renal component to the azotaemia cannot be excluded without urinalysis. The borderline decrease in calcium and increased inorganic phosphate and potassium are difficult to explain, but if some renal disease is present that may be contributing. The low triglycerides may be related to the current body condition of the animal. The metabolic acidosis with increased anion gap could be related to renal disease, but if the animal is in toxaemic shock then lactic acidosis (anaerobic glycolysis and bacterial production?) might be the cause? Likely conclusions: the animal appears to have overwhelming inflammation with the possibility of dehydration or even shock. Renal failure cannot be excluded without urinalysis, but endotoxaemic shock (or even exotoxin effects associated with staphylococcal gangrenous mastitis) may be responsible for many of the biochemical changes. Unfortunately, no other history is available for this animal, so one can only *speculate* as to whether this animal developed staphylocccal gangrenous mastitis (related to previous bacterial isolates) or perhaps even developed a peracute coliform mastitis with endotoxaemia at the time of bleeding? Irrespective of the likely organism involved, the prognosis is probably poor because of the systemic impact.

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