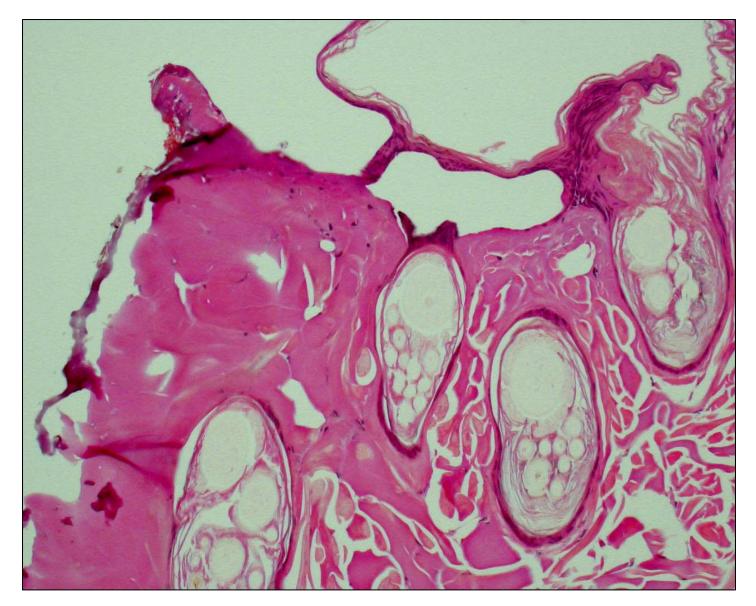
# Practical Approach to Reading Skin Biopsies

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Electrocautery artifact

# Reasons that clinicians submit biopsies



They know that the disease can be diagnosed by a skin biopsy.

e.g. sebaceous adenitis in Akita



### Curiosity

Bizarre nasal hyperkeratosis in a doa on long-term cyclosporine

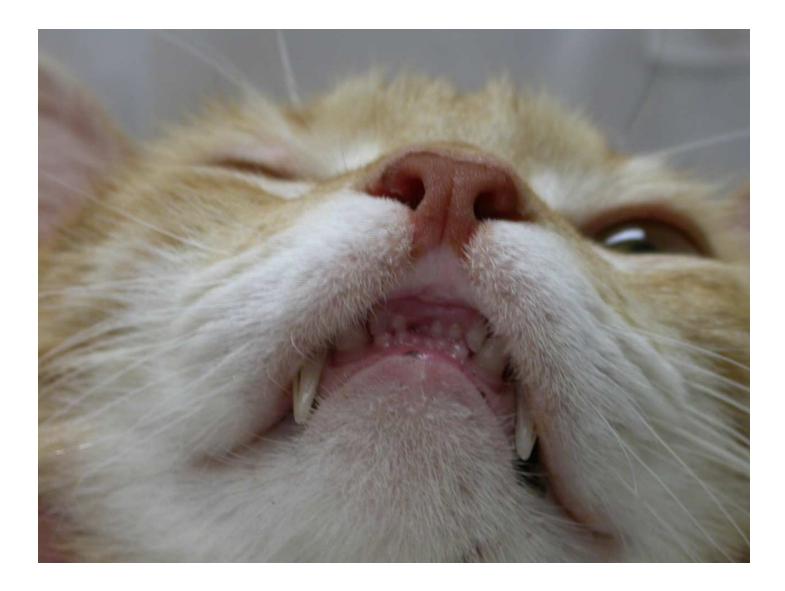


Confirm a diagnosisLegal documentation

e.g. Pemphigus foliaceus



Lost in treatment of patient and need direction/guidance



### Failure to respond to rational therapy



# Severe clinical presentations



Feline sporotrichosis



### All ulcerative or vesicular skin conditions

e.a. acute drug eruption- ervthema multiforme major



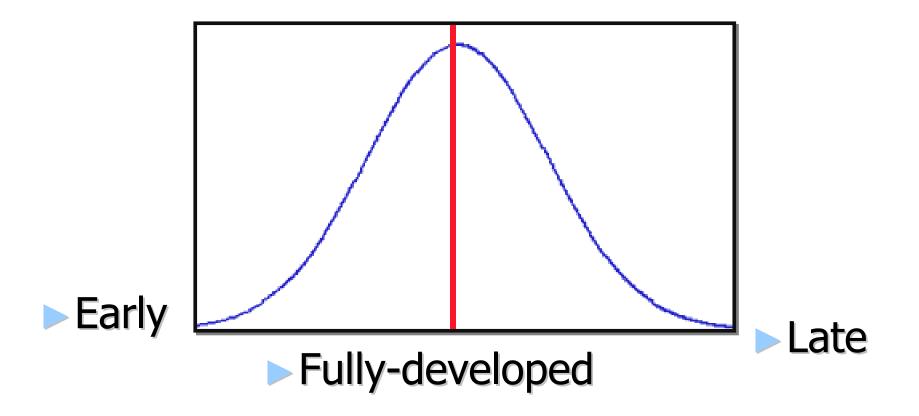
### Suspected neoplasia

e.a. Reactive histiocvtosis

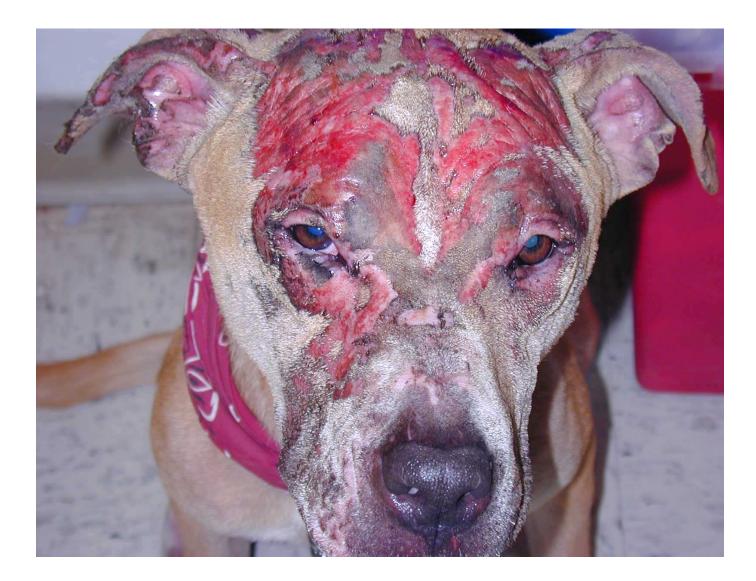
## What to biopsy

- Multiple sites- Full spectrum of lesions
- \*Best\* to biopsy both \*primary lesions\* and secondary lesions
- Primary and secondary is confusing!
- Art of site selection

## Lesion Evolution



Think of lesions in these terms rather than acute, subacute, and chronic



#### Acute thermal burn



#### Two weeks following burn

- Do not use a punch biopsy for pannicular lesions

# How many samples should be submitted?

- In practice, biopsy all manifestations of the skin lesions are recognized
  - 3-4 samples
- Focal lesion (2 samples)

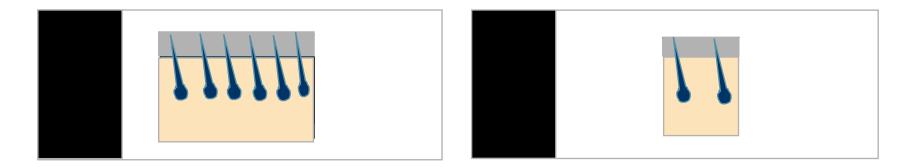
Biopsy instrument

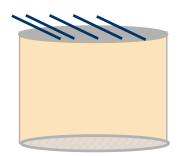
Use a 6-mm or 8-mm punch in all animals except nasal planum and footpads (4-mm)

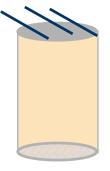
Elliptical biopsies

#### **General hints**

#### With limited exceptions, the biopsy procedure in veterinary medicine requires a 6-8mm punch biopsy









# Demand the following information on each case

- 1) Signalment
- 2) Brief history including medications
- 3) Location of sample(s)
- 4) Description of lesion(s)
- 5) Clinical diagnosis/ DDx

## Know How to Biopsy

- Ok to ever-so-gently clip hair
- \*\*Never\*\* scrub the biopsy site
- Inject lidocaine into the subcutis beneath the biopsy site (1/2 -1 cc/site)



Biopsy technique

- Use the cutting action of the punch not pressure
- Lift and cut (if needed) from the bottom
- Do not squeeze tissue b/w forceps
- Ok to adhere to tongue depressor but \*necessary\* for elliptical specimens
- Blot and put in formalin

## **Common Mistakes**

- Poor site selection
  - Pyotraumatic lesions
- Sampling marginal tissue with a punch bx
- Not getting enough crust in sample
- Not enough tissue
- Poor sample handling
- Skin punch instruments in cold sterile
- Use of electrocautery or laser
- Too slow to put in formalin
- Freeze-thaw artifact
- Use of Michel's media

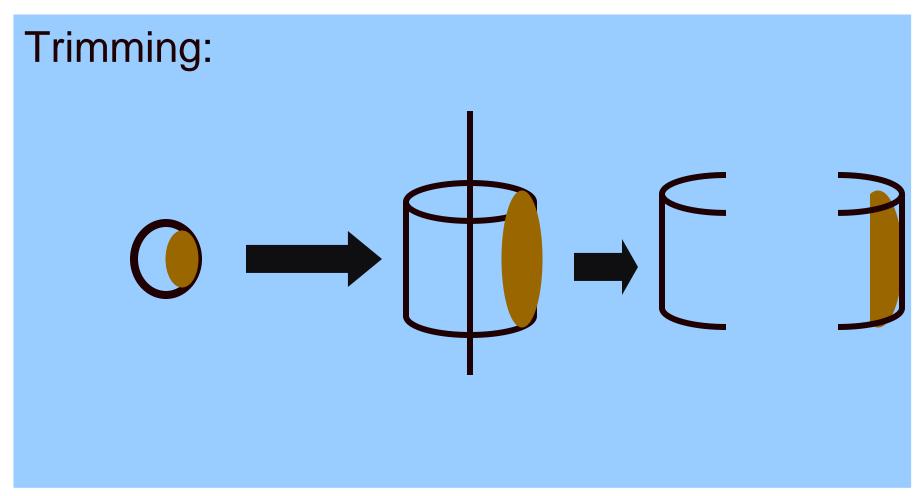
## Common Mistakes

- Biopsy one week following repositol steroid injection
  - Recommend corticosteroid withdrawal
  - Length dependent on form (injectable, oral, longacting, short-acting)
- Biopsy lesions too late--- lesions almost but not quite resolved

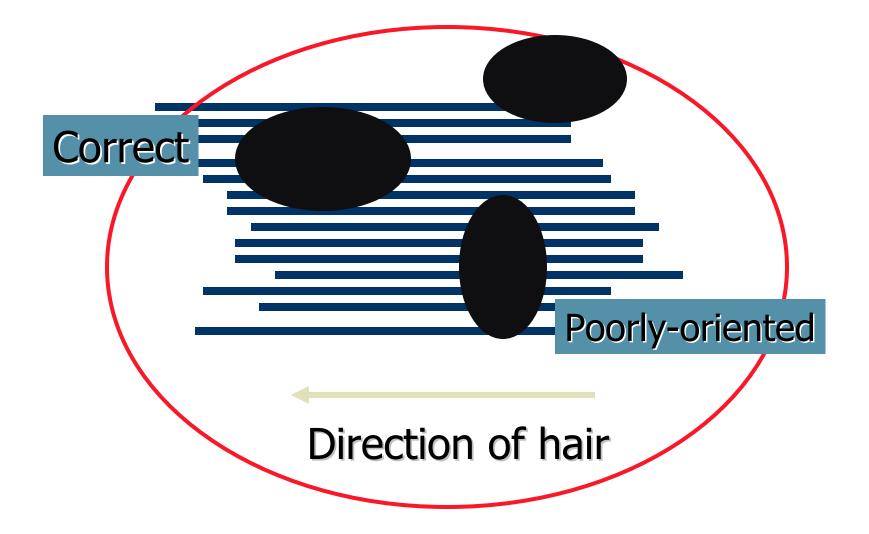
## Sampling marginal tissue



## Marginal Biopsies



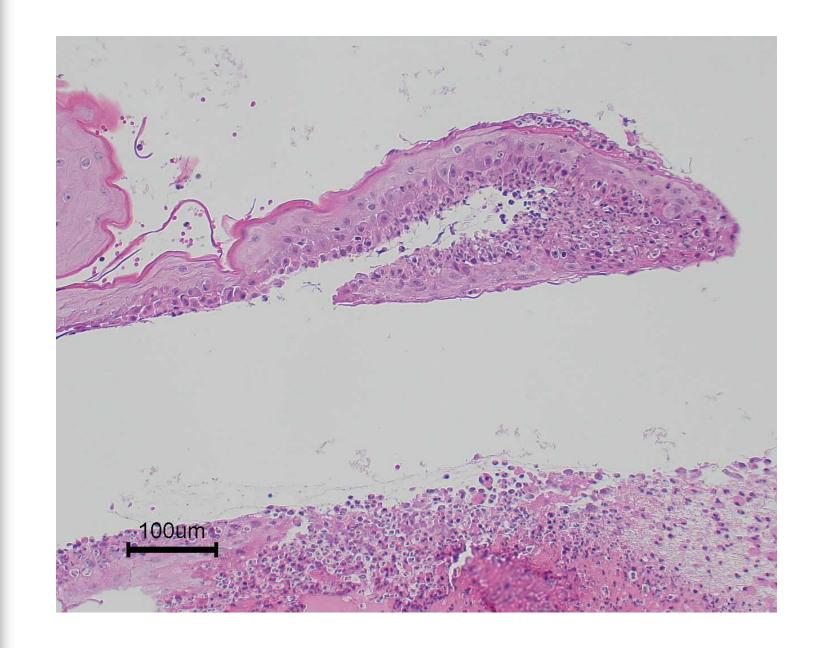
## Elliptical specimens



## What were they thinking?

- Skin biopsy via electrocautery
- Biopsies skewered with different sized needles
- Biopsy samples sandwiched between tongue depressors then wrapped with tape → formalin
- Biopsies submitted in sterile water

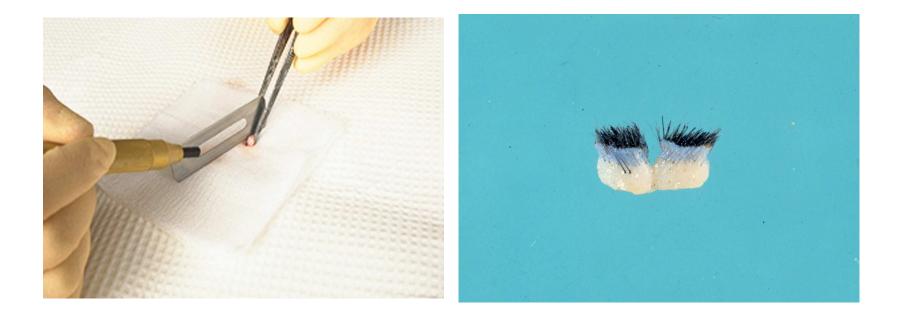
Do \*\*not\*\* use punch biopsy instrument for ulcerative or vesicular lesions



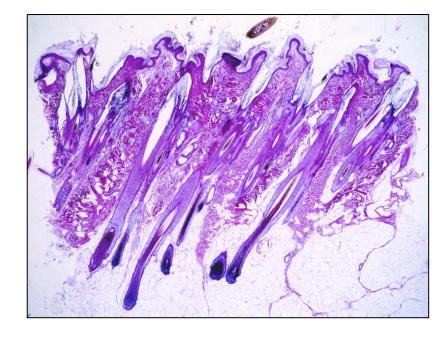
# Line Technique

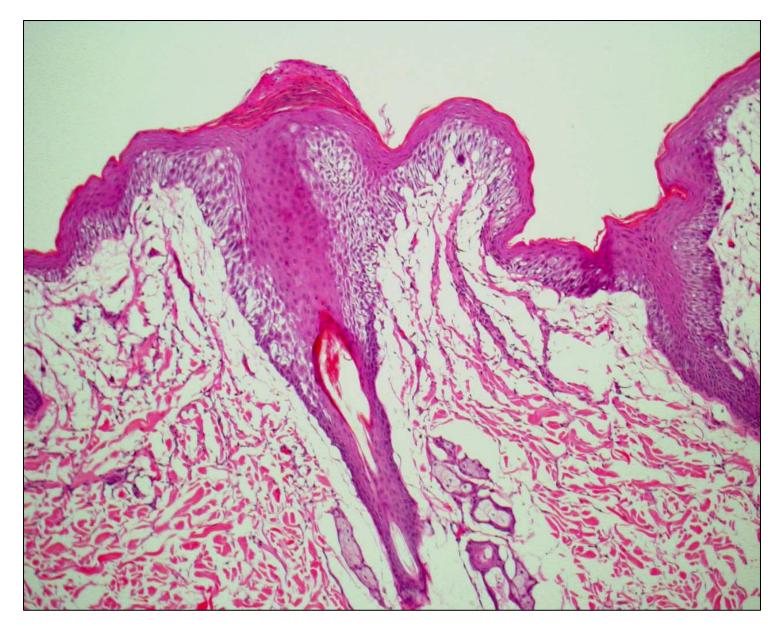


## Line Technique

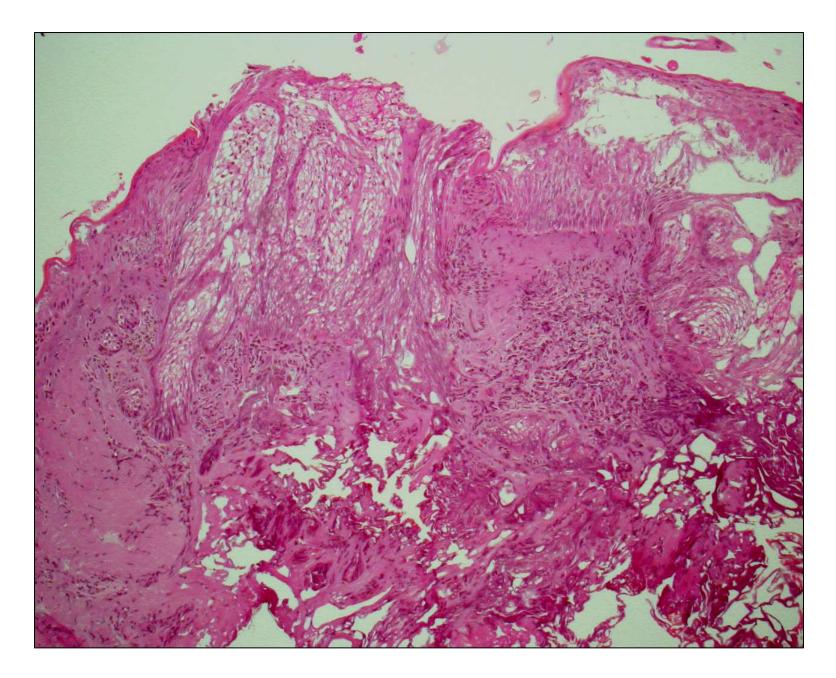








Desiccation- sample left under lamp 5-10 min. while tending to patient



#### Electrocauterv or laser